ONTARIO DISTRICT BRANCH
OF THE AMERICAN PSYCHIATRIC ASSOCIATION

ANNUAL GENERAL MEETING (ONLINE VIA ZOOM)

Speaker: **John Torous, MD, MBI**
Topic: **Update on Artificial Intelligence for Mental Health**
Learning Objectives: At the end of this session, participants will be able to:
1. Assess the risks and benefits of mental health AI using the APA framework and mindapps.org database or mindBenchAI benchmark and be able to lead a patient through informed decision making regarding selecting an application.
2. Appreciate cases where artificial intelligence (AI) can help a patient in treatment, as well as where it can cause harm and be able to discuss with patients the risks and benefits of using AI chatbots.
3. Appreciate the evolution of conversational AI from early to modern systems, highlighting shifts in design, purpose, and psychological and psychiatric relevance.
4. Analyze the scientific, practical, and ethical implications of the use of AI and technology in mental health contexts.

Date/Time: **Thursday, April 16, 2025**
Business Meeting – 6:30 p.m. – 7:30 p.m.
Introduction & Presentation – 7:45 –9:30 p.m.
Q&A – 9:30-10:00 p.m.

Location: ONLINE VIA ZOOM PLATFORM (Zoom invitation to follow after registration)

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Psychiatric Association (CPA). You may claim a maximum of 2 hours (credits are automatically calculated).

The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

Please register for this event now for (a) Business Meeting and/or (b) presentation by email at odbapa@rogers.com.

If you have any further questions, please contact us via Phone: (905)441-2914, Fax (416)352-1476 or email: odbapa@rogers.com.

Regards,

Dr. Lily Van Dr. Amina Ali Dr. Gaurav Mehta Dr. Kathy Margittai
CPD Planning Committee Members