



Ontario District Branch American Psychiatric Association

ODBAPA PSYCHIATRIC SALON*#51 May 30, 2019 (TORONTO)

Topic: **Physician Wellbeing -- From Separation Threat to Attachment Solutions**

Speaker: **Dr. Deanna Chaukos, MD, FRCPC**

Associate Director of Postgraduate Education, Department of Psychiatry, University of Toronto; Wellness Lead, University of Toronto Psychiatry Residency Program

Date/Time: **Thursday, May 30, 2019, 7 - 9:30 p.m.**

Location: **TARTU College Main Floor/Masters Buffeteria**

310 Bloor Street West (1 block east of Spadina) at corner of Madison & Bloor

There is street and lot parking on Bloor St and also Spadina Rd and side streets North of Bloor; subway 1 block from venue

Learning Objectives: At the end of this session, participants will be able to:

1. Describe key factors contributing to burnout and resilience as they affect residents and physicians. (Resilience is NOT the opposite of burnout.)
2. Identify potential solutions to burnout at the individual, organizational and systemic levels
3. Describe an approach to program development for resident well-being

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Psychiatric Association (CPA). The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

Please register for this event now online: odbapa.org or by mail. Please indicate your menu choice and send the appropriate cheque to: ODBAPA, 107 Civic Centre Drive, Whitby, Ontario, L1R 0C8. Phone: (905) 441-2914, Fax: (416) 352-1476, email: odbapa@rogers.com.

Kind Regards,

Frank Sommers, MD, FRCPC, DFAPA, DFCPA

ODBAPA Psych Salon Coordinator

*Winner of 2009 District Branch Best Practice APA Assembly Award

Registration Form ODBAPA May 30, 2019 Psych Salon. On the web: odbapa.org

Name: _____

Tel: _____ Fax: _____ Email: _____

Menu Choice:	Filet Mignon _____	\$55
	Grilled Chicken Breast _____	\$39
	Vegetable Lasagna _____	\$39
	Salmon _____	\$47

(Note: Total includes salad & dessert, tax & service charge. There will be a cash bar)

Non-Member (add \$10) _____ Resident (**FREE**) Year _____

Mail to: ODBAPA, 107 Civic Centre Drive, Whitby, Ontario, L1R 0C8, Attn: Colleen Gambier